

Americans' Mental Health is in Peril

27.8%

of US adults recently surveyed reported feelings of depression vs. 8.5% pre-COVID.¹

31%

of Black Americans
personally know someone
who has died from COVID.²

84%

of US physicians recently surveyed reported experiencing severe or close to severe stress due to the pandemic.³

^{1.} Ettman CK, Abdalla SM, Cohen GH, Sampson L, Vivier PM, Galea S. Prevalence of Depression Symptoms in US Adults Before and During the COVID-19 Pandemic. JAMA Netw Open. 2020;3(9):e2019686.

^{2.} Goldstein, A. and Guskin, E. (2020, June 26) Almost one-third of black Americans know someone who died of covid-19, survey shows, *Washington Post*.

^{3.} Primary Care & COVID-19: Week 9 Survey. (2020, May 13.) Primary Care Collaborative.



Guiding Principles of a Sacred Place

open

Physically open and accessible to visitors regardless of race, creed, background or beliefs — all are welcome.

nearby

Located within the neighborhood it serves — closeby.

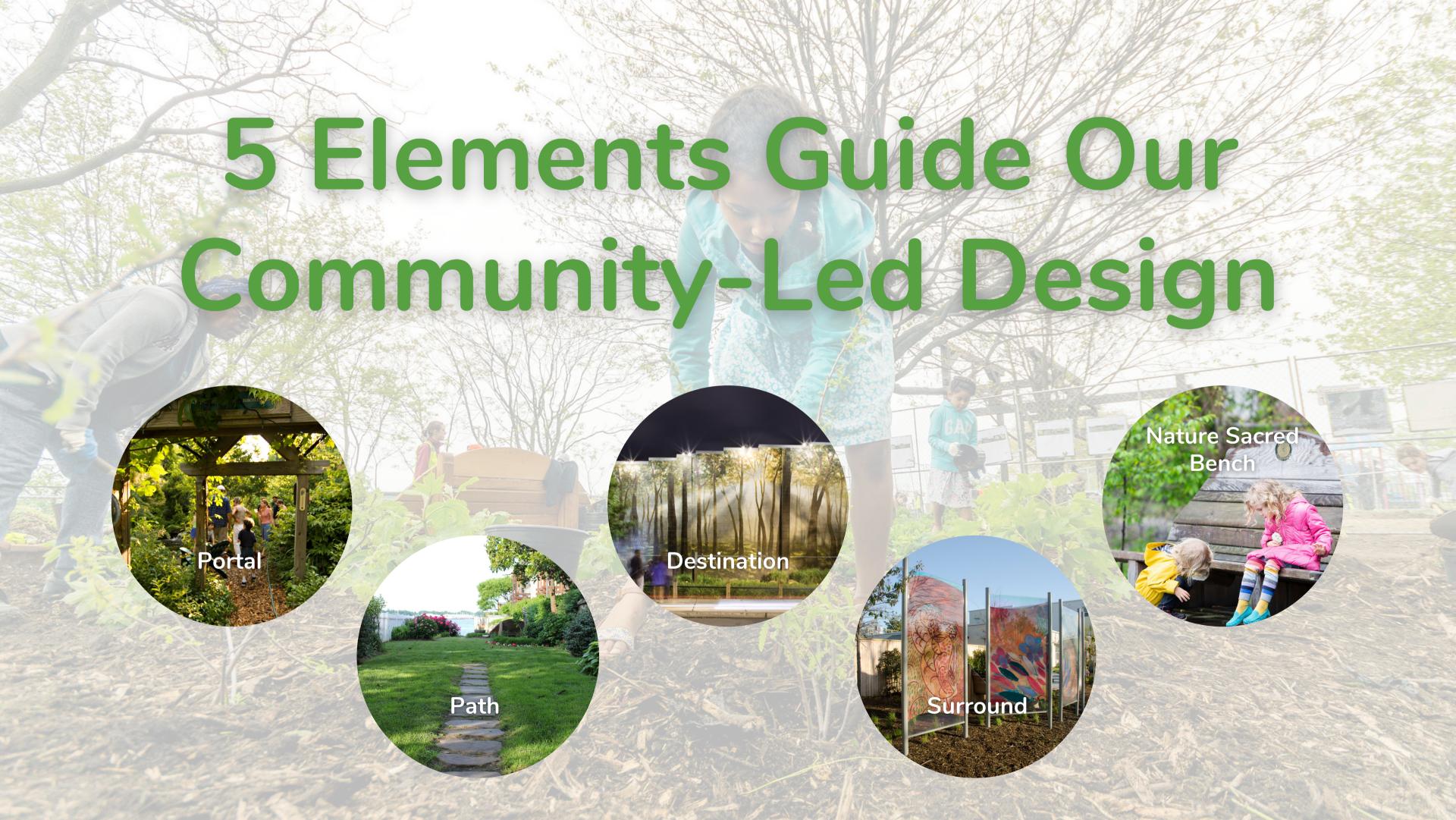
sacred

Designed to bring respite, encourage mindful reflection, engender peace.

community-led

Built for and by the community it serves; reflective of place, story and culture.













Sacred Places are multiplying across the US





Science Has Spoken



