

# HOW TO MAINTAIN YOUR NATURE SACRED BENCH

*Once a year, your bench will need a little attention. Give your bench the best care with this process perfected by our horticulture specialist Ron Ammon. Cleaning and caring for your bench annually will extend its lifetime.*

## Bench Care Supplies You'll Need:

- Putty knife
- Wood filler
- Sandpaper (80, 150, and 220 grit)
- Sponges (Scotch-Brite)
- Small handle bucket
- Water Seal (Thompson or Olympia Brand. Note: Thompson's also makes a Water Seal Waterproofers. Please do not use this product, varnish, or lacquer, as we've found it causes peeling.)
- Chip brushes (paint brush)
- Rags

## How to Use Your Care Package

1. First, use the putty knife to work out all the debris between the slats of the bench.
2. Use the wood filler to fill in any nicks.
3. Then, sand your bench. Wipe it off thoroughly.
4. Clean the bench with a sponge or steel wool, using a mild detergent. Rinse well with fresh water and let the bench dry thoroughly.
5. Apply a heavy coat of Thompson's Clear Wood Protector Preservative. This is a water-based product that offers UV protection. It can be applied with a brush, roller, or pump sprayer.

We'd love to see your before & after photos!  
Share them with our team or on social.



That's all! You can also watch Ron walk through the process at <https://naturesacred.org/firesoul-tips-tricks-bench-maintenance/>.

